



Where business comes to life

Finnish Sauna Society membership

for Henley Finland alumni

Henley Alumni & Finnish Sauna Society (Saunaseura)

- Henley Business School/Henley alumni ry has been a member of Finnish Sauna Society since 2014. The membership provides all Henley alumni a unique opportunity to relax and network in sauna with other influential sauna lovers. The Finnish Sauna society was founded in 1937 to nurture Finnish Sauna tradition. The most visible part of its activity is the Saunahouse in Lauttasaari.

- **Contact:**

Vaskiniementie 10, 00200 Helsinki

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Director/administration: 050 371 8178 or tj@sauna.fi

- **More information:**

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Booking instructions

To book a visit you need to send an email to Paula Sääski to check the availability (paula.saaski@henley.fi). Visitors no longer need to show the membership card, only mention that you are an Henley Alumni at the cashier.

How many can join at a time:

As Henley alumni you have a possibility to take 1-2 guests with you to enjoy sauna and swimming. Please make sure your guests are hosted by you at all times.

Price:

The membership fee of the Finnish Sauna Society is annually covered by Henley Business School Finland. Price for an alumni member is 10€/visit. Price of the guests is always 20€/visit.

Sauna schedule:

The Finnish Sauna Society has agreed separate shifts for men and women. Schedule of the shifts can be seen online:

www.sauna.fi.

Please always double check the schedule as there might be exceptions.